

**Wilmar B. Schaufeli** is Professor emeritus of Work and Organizational Psychology at Utrecht University, The Netherlands, and distinguished research professor at KU Leuven, Belgium. His main research field is occupational health psychology. He received his PhD (*cum laude*) from Groningen University, The Netherlands. Initially, he was interested in job stress and burnout but later he also focused on positive occupational health, notably work engagement. Dr. Schaufeli is a prolific *Highly Cited Researcher*, ranking among the top 1% in his field since 2013. He is a fellow of the European Academy of Occupational Health Psychology, a licensed occupational health psychologist, and also works part-time as an organizational consultant. Personal website: [www.wilmarschaufeli.nl](http://www.wilmarschaufeli.nl) (<http://www.wilmarschaufeli.nl/>).

## Programme

8:00-8:40

Welcome Desk

8:45-9:00

Opening statement

9:00-10:00

Historical / civilizational evolutions that led to increased visibility of burnout

Anna Katharina Schaffner, University of Kent, UK

10:00-11:00

Job burnout: knowns and unknowns

Wilmar Schaufeli, Utrecht University, The Netherlands

11:00-11:30

Coffee break

11:30-12:30

Parental burnout: knowns and unknowns

Moira Mikolajczak, UCLouvain, Belgium

12:30-13:30

Lunch break with poster session\* for doctoral students

13:30-14:00

The burned-out brain

Ivanka Savic Berglund, Karolinska Institutet, Sweden and UCLA, USA

14:00-15:00

Preventing job burnout and parental burnout

Prof. Lode Godderis, IDEWE/KULeuven and Pr Isabelle Roskam, UCLouvain, Belgium

15:00-15:30

Coffee break

15:30-16:30

Flash-talk session for post-doctoral students\*

\* open to submissions on both burnout and fatigue

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